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**An Order of Service for Noonday**

*Officiant* O God, make speed to save us.

**People O Lord, make haste to help us.**

**Glory to the Father, and to the Son, and to the Holy Spirit:**

**as it was in the beginning, is now, and will be for ever. Amen.**

*A suitable hymn may be sung.*

*Psalm of the day and/or the following*

**Psalm 119:105-112** *Lucerna pedibus meis*

Your word is a lantern to feet\*

and a light upon my path.

I have sworn and am determined\*

to keep your righteous judgments.

I am deeply troubled;\*

preserve my life, O Lord, according to your word.

Accept, O Lord, the willing tribute of my lips,\*

and teach me your judgments.

My life is always in my hand,\*

yet I do not forget your law.

The wicked have set a trap for me,\*

but I have not strayed from your commandments.

Your decrees are my inheritance for ever;\*

truly, they are the joy of my heart.

I have applied my heart to fulfill your statutes\*

for ever and to the end.

**Psalm 121** *Levavi oculos*

I lift up my eyes to the hills;\*

from where is my help to come?

My help comes from the Lord,\*

the maker of heaven and earth.

He will not let your foot be moved\*

and he who watches over you will not fall asleep.

Behold, he who keeps watch over Israel\*

shall neither slumber nor sleep;

The Lord himself watches over you;\*

the Lord is your shade at your right hand,

So that the sun shall not strike you by day,\*

not the moon by night.

The Lord shall preserve you from all evil;\*

it is he who shall keep you safe.

The Lord shall watch over your going out and your coming in,\*

from this time forth for evermore.

**Psalm 126** *In convertendo*

When the Lord restored the fortunes of Zion,\*

then were we like those who dream.

Then was our mouth filled with laughter,\*

and our tongue with shouts of joy.

Then they said among the nations,\*

“The Lord has done great things for them.”

The Lord has done great things for us,\*

and we are glad indeed.

Restore our fortunes, O Lord,\*

like the watercourses of the Negev.

Those who sowed with tears\*

will reap with songs of joy.

Those who go out weeping, carrying the seed,\*

will come again with joy, shouldering their sheaves.

*At the end of the Psalms is sung or said*

**Glory to the Father, and to the Son, and to the Holy Spirit:\***

**as it was in the beginning, is not, and will be for ever. Amen.**

*One of the following, or some other suitable passage of Scripture, is read*

The love of God has been poured into our hearts through the Holy Spirit that has been given to us. *Romans 5:5*

*or*

If anyone is in Christ he is a new creation; the old has passed away, behold the new has come. All this is form God, who through Christ reconciled us to himself and gave us the ministry of reconciliation. *2 Corinthians 5:17-18*

*or*

From the rising of the sun to its setting my Name shall be great amoth the nations, and in every place incense shall be offered to my Name, and a pure offering; for my Name shall be great among the nations, says the Lord of Hosts. *Malachi 1:11*

*A meditation, silent or spoken, may follow.*

*The Officiant then begins the Prayers*

Officiant Lord, have mercy.

**People Christ, have mercy.**

Officiant Lord, have mercy.

**Our Father, who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those**

**who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

Officiant Lord, hear our prayer;

**People And let our cry come to you.**

Officiant Let us pray.

**Collects and/or Prayers**

Officiant Let us bless the Lord.

**People Thanks be to God.**